

NAPPING POLICY

Naptime takes place after lunch for full-time preschool children. After a story is read, the children are expected to nap from approximately 1:15 to 3:15. If a child cannot fall asleep after 30 minutes of quiet rest, they will be given books to read or a quiet activity to do. Children will nap in the classroom and will be supervised by the Director or a teacher. Mats are provided by the school and disinfected after each use. The child must bring their own blanket, pillow, stuffed animal, etc. These will be kept in your child's cubbie and should be taken home each Friday to be washed and brought back on Monday

I agree to the above napping policy.

Parent signature_____

Child's name_____